

## The Benefits of the Number One Healthy Day Service at your office



- Less time off work – we come to you
- Everyone can have a mini-health screen (instant cholesterol, blood pressure, body mass index and urine testing)
- We can refer any problems on to our network of specialists
- Your firm can gain access to anonymised data and compare against another firm (e.g. are you fatter/fitter?)
- Free lectures on health issues- you can choose from a menu of topics such as stress, exercise, nutrition
- Opportunity for health question and answer sessions
- Opportunity for one to one consults with our medical team on the day



***Invert the pyramid  
why should just the chief executives get a  
health screen!***



**All we need is a room and privacy!**